



## **Permanent makeup Pre-procedure info/advice**

**Please read the following advice carefully and sign at the end:**

- Permanent makeup procedures normally require multiple treatment sessions. For best results, clients will be required to return for at least one finishing session. This will take place 6-8 weeks after the initial procedure. Those with oily skin may require an additional touch-up. Please be aware that color intensity will be significantly darker and sharper immediately and a few days after the initial procedure, but the color will typically reduce by 30-50%.
- Although numbing cream/solution is used during the procedure, sensitivity or discomfort may still be felt. Skin may be red, bruised, and/or swollen after the procedure.
- Please do not drink alcohol 24 hours before the treatment.
- Unless medically necessary, please avoid taking things that thin the blood like fish oils, herbals, Vitamin E, aspirins, and/or ibuprofen, and do not donate plasma in the 7 days before the procedure.
- Where possible, try to avoid the following herbs and spices before your appointment: black pepper, cardamom, any member of the Zingiberaceae (ginger) family, cayenne, cinnamon, garlic, horseradish and/or mustard.
- A patch test can be performed unless waived by the client. It is the client's responsibility to schedule this at least one week before the procedure.
- Patients prone to cold sores/fever blisters should take an anti-viral before treatment.
- Hormone therapies can affect pigmentation and/or cause sensitivity.
- Discontinue the use of any brow or lash-growth serums such as Latisse or Revitalash at least 1 month prior to procedure as they can cause sensitivity/affect pigment retention.
- Botox, AHA products, and retinoids should be avoided for 3 weeks before the procedure.

### **Specifically for Permanent makeup (PMU) brow procedure:**

- **Please do not shape or wax your brows before the procedure. Your therapist will shape brows during the procedure.**
- **No electrolysis for at least 5 days before the procedure.**
- **Exfoliating treatments such as microdermabrasion should not be performed within 2 weeks prior to the procedure.**
- **Chemical and laser peels should be avoided no less than 6 weeks prior to the procedure.**

### **Topical Anesthetic Advice:**

- **Allergic reaction can occur from any anesthetics (lidocaine) used during the procedure. If you do suffer from an allergic reaction, you should contact your doctor immediately. Allergic reaction response may show through redness, swelling, rash, blistering, dryness or any other symptoms associated with an allergic reaction.**
- **Numbness- we cannot accept responsibility if the area to be treated does not respond to the numbing cream. Each individual is different according to skin type. Some clients report the area to be completely numb, while others may experience some discomfort.**

## Permanent makeup Pre-procedure info/advice cont...

### **What to Expect the Day of the Procedure:**

**Microblading/PMU Brows Procedure**-when you arrive at your appointment, a brow map will be customized by a series of horizontal, vertical, and diagonal lines, based on your skin proportions and drawn on with an oil-based crayon, thus framing the area within which the shading will be tattooed into the dermis of the skin

Before any tattooing occurs, you will sign off on said map/pre-draw along with the color of the pigment demonstrated by its application to the forehead. After signing, the micropigmentation procedure will begin, one side at a time, using a rotary pen, equipped with a sterilized disposable needle cartridge(s). Between passes and starting after the first pass, a numbing lidocaine solution will be applied to add to the comfort level. The products are formulated to be perfectly safe and can be purchased over the counter from most pharmacies/chemists. As a result of the treatment, combined with the anesthetic, you can expect to experience some redness/swelling that can last 1-4 days. Pigment will be wiped throughout the procedure, and your technician will inform you of progress. Before, during, and after photos will be taken if/when the photo release is signed. You must always follow your post-procedure advice and aftercare for the best results.

**I have read and fully understand the above information provided and any risks involved with the use of topical anesthetic. Therefore, I consent to the use of anesthetic for the permanent makeup procedure. I agree to follow the pre and post-procedure advice closely.**

**Date:** \_\_\_\_\_

**Client Name (printed):** \_\_\_\_\_

**Client Signature:** \_\_\_\_\_

**Therapist Signature:** \_\_\_\_\_